

# 2026 JUNE

## AEROBICS CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
	01 9:30 AM Bootcamp 11:30 AM HIIT 5:15 PM Warrior Cycle 6:30 PM Strength Development	02 9:30 AM Spin & Sculpt 10:30 AM TBC 5:15 PM HIIT Warrior	03 9:30 AM Bootcamp 11:30 AM HIIT 5:15 PM Warrior Cycle 6:30 PM Strength Development	04 9:30 AM Circuit 10:30 AM TBC 5:15 PM HIIT Warrior	05 9:30 AM Bootcamp	06
07	08 9:30 AM Bootcamp 11:30 AM HIIT 5:15 PM Warrior Cycle 6:30 PM Strength Development	09 9:30 AM Spin & Sculpt 10:30 AM TBC 5:15 PM HIIT Warrior	10 9:30 AM Bootcamp 11:30 AM HIIT 5:15 PM Warrior Cycle 6:30 PM Strength Development	11 9:30 AM Circuit 10:30 AM TBC 5:15 PM HIIT Warrior	12 9:30 AM Bootcamp	13
14	15 9:30 AM Bootcamp 11:30 AM HIIT 5:15 PM Warrior Cycle 6:30 PM Strength Development	16 9:30 AM Spin & Sculpt 10:30 AM TBC 5:15 PM HIIT Warrior	17 9:30 AM Bootcamp 11:30 AM HIIT 5:15 PM Warrior Cycle 6:30 PM Strength Development	18 9:30 AM Circuit 10:30 AM TBC 5:15 PM HIIT Warrior	19 No Classes: <b>Juneteenth</b>	20
21	22 9:30 AM Bootcamp 11:30 AM HIIT 5:15 PM Warrior Cycle 6:30 PM Strength Development	23 9:30 AM Spin & Sculpt 10:30 AM TBC 5:15 PM HIIT Warrior	24 9:30 AM Bootcamp 11:30 AM HIIT 5:15 PM Warrior Cycle 6:30 PM Strength Development	25 9:30 AM Circuit 10:30 AM TBC 5:15 PM HIIT Warrior	26 9:30 AM Bootcamp	27
28	29 9:30 AM Bootcamp 11:30 AM HIIT 5:15 PM Warrior Cycle 6:30 PM Strength Development	30 9:30 AM Spin & Sculpt 10:30 AM TBC 5:15 PM HIIT Warrior				