



PERSONAL WORK LIFE (PWL) FY 2025 CLASS CALENDAR

Bundles for Babies

Quarterly

(0900-1200)

3 Dec 24	4 Feb 25
6 May 25	4 Sep 25

Heart Link

Biannual

(0900-1300)

22 Jan 25	26 Aug 25
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Key Support Mentor

Daytime (1000-1130)

14 Nov 24	25 Mar 25
10 Jul 25	

Key Support Mentor

Evening (1900-2030)

14 Jan 25	28 May 25
16 Sep 25	

BAFB Key Support Immersion

Daytime (0900-1000)

14 Nov 24	25 Mar 25
10 Jul 25	

BAFB Key Support Immersion

Evening (1800-1900)

14 Jan 25	28 May 25
16 Sep 25	

Key Support Liaison Training

Annual SAPR & Suicide Prevention

(1200-1330)

11 Apr 25

ELEVATE for Couples

(1800-2000)

24 Feb, 3 Mar, 17 Mar, 24 Mar 25
8, 15, 22, & 29 Sep 25
Couples must attend all 4 classes to receive the \$160 AFAS grant

Special Events/KSL Continuing Ed

Spouse Resilience	13 Mar 25/1800-1900
Spouse Finances	14 Apr 25/1800-1900
MSA (BX)	9 May 25/1100-1200
True Colors	21 May 25/1800-2000
Spouse Employment	19 Aug 25/1800-1900

Visit the Military & Family Readiness Center or call 318-456-8400 to sign-up for a class, seminar, or workshop.

