**Personal Work Life (PWL)**

**FY 2024 Schedule**

Logo

Description automatically generated

**Bundles for Babies**

Quarterly 0900-1200

|  |  |
| --- | --- |
| 5 Dec 23 | 15 Feb 24 |
| 16 May 24 | 19 Sep 24 |

# Heart link

Quarterly 0900-1300

|  |  |
| --- | --- |
| 26 Oct 23 | 30 Jan 24 |
| 16 Apr 24 | 1 Aug 24 |

**Key Spouse Mentor**

Daytime 1000-1130

|  |  |
| --- | --- |
| 6 Nov 23 | 7 March 24 |
| 18 July 24 |  |

**Key Spouse Mentor**

Evening 1900-2030

|  |  |
| --- | --- |
| 18 Jan 24 | 23 May 24 |
| 12 Sept 24 |  |

**Key Spouse Training**

Annual SAPR & Suicide Prevention

Quarterly 1200-1330

|  |  |
| --- | --- |
| 11 Jan 24 | 11 April |

**Special Events**

|  |  |
| --- | --- |
| MSA | May |
| True Colors | TBD |
| Spouse Resilience | TBD |
| Spouse Finances | TBD |
| Spouse Employment | TBD |

**Key Spouse Refresher**

Daytime 0900-1000

|  |  |
| --- | --- |
| 6 Nov 23 | 7 March 24 |
| 18 Jul 24 |  |

**Key Spouse Refresher**

Evening 1800-1900

|  |  |
| --- | --- |
| 18 Jan 24 | 23 May 24 |
| 12 Sept 24 |  |

**Visit the Military & Family Readiness Center or call 456-8400 to sign-up for a class, seminar, or workshop.**