

## Give Parents a Break

Give Parents a Break is a no-cost program for Air Force families experiencing stresses from PCS, deployment, a newborn child and family difficulties. Give Parents a Break is offered once a month through the A&FRC, sponsored by Air Force Aid Society!

It is held at the CDC East or at the Youth Center. All patrons must be fully immunized to include a flu vaccine and have a completed health assessment on file.

Please call the CDC **(318) 456-4139** or the Youth Center at **(318) 456-3448** to register your child for either GPAB.

### DETAILS

LOCATION: Barksdale CDC East (Bldg. 3725) & Barksdale Youth Center (Bldg. 3722)  
Childcare for Ages 6 weeks-5 years and for Ages 5 years (in kindergarten)-12 years

#### REGISTRATION REQUIRED

Register up to two weeks prior through COB on the Friday prior to the event. Registrations must be done in person at the CDC or Youth Center facility. Slots are first come, first served. Once the slots are filled, we will make a waiting list. **GPAB Referral Certificate and current immunization records are required.**

#### ELIGIBLE FOR GPAB REFERRALS

The Air Force member being deployed , on extended TDY, or remote tour of duty, a family crisis or emergency (i.e. serious illness of family member, death in the family, extended illness of family members, birth of a new baby, etc.), having a child with special needs, unique circumstances or hardships.

FAMILIES MUST BE REFERRED BY: Squadron Commander/First Sergeant, Chaplain, Doctor or other medical professional, Family Advocacy/ Mental Health Professional, Airman & Family Readiness Personnel

#### OTHER IMPORTANT INFORMATION

Parents must sign children in/out of the centers. Parents must pick up their children by the designated closure time. A late fee of \$2 per minute is assessed for late pick up. Parents/Sponsors are responsible for all late fees. Snack will be provided. Lunch/Dinner will not be served. GPAB referral can only be used once per month.

FOR MORE INFORMATION PLEASE CONTACT:

**Barksdale Child Development Center** (Ages 6 weeks-5 years): **318-456-4139**

**Youth Programs** (Ages 5 years (in kindergarten) -12 years): **318-456-3448**

**Airman & Family Readiness Center:** **318-456-8400** (for eligibility/ certificate questions)